

SAFETY PLAN

THIS CAN BE YOUR VERY OWN SAFETY PLAN. IT'S BEST TO KEEP IT IN A PLACE WHERE NO-ONE WILL FIND IT.

Somewhere safe I can go when I get scared at home:

A person I trust who will help me if I need it:

Their phone number:

When I use this code word to a person that I trust, they should call the police for me:

The police phone number is:

When I use this code word the person should meet me somewhere that we have agreed upon:

This place is:

I will keep some pocket money for a phone call.

A taxi, their number is:

A friend, his/her number is:

A Helpline, the number is:

Other important numbers:

CRISIS HELP

Police	131 444	Women's Domestic Violence Helpline	9223 1188
Emergency Only	000	Country callers	1800 007 339
Kids Help Line	1800 55 1800	Men's Domestic Helpline	9223 1199
Crisis care (24 hours)	9223 1111	Country callers	1800 000 599
Country callers	1800 199 008		

www.youthsayno.wa.gov.au



Government of Western Australia
Department for Child Protection
and Family Support

**YOUTH SAY
NO!**